

RESOURCES FOR SMITHERS AND AREA

Emergency	Phone#	Alternate#
Fire, Ambulance and Police	911	
BV District Hospital	250-847-2611	
Poison Control Centre	1-800-567-8911	
Smithers RCMP	250-847-3233	

Counselling Information and Support	Phone#	Alternate#
BC Schizophrenia Society - Mental Health Family Resource Centre	250-917-8337	250-847-9779
BV Brain Injury Association	250-877-7723	
Northwest Child Development Centre	250-847-4122	
BV Hospice Society	250-877-7451	
Child/Youth Mental Health (MCFD)	250-847-7727	
CLBC (supports for people with developmental disabilities)	250-847-7780	
Dze L K'ant Friendship Centre	250-847-5211	
Early Childhood Development, Office of the Wet'suwet'en	250-847-1834	
Kelty Mental Health Resource Centre	1-800-665-1822	
Kopar Admin (formerly WorkBC)	1-877-564-3545	1-888-692-3214
Lake Babine Nation	250-692-4700	
Mental Health & Addiction Services	250-847-6405	
Ministry for Children & Family Development	250-847-7727	
Ministry of Social Development & Poverty Reduction	1-866-866-0800	
Northern Society for Domestic Peace	250-847-9000	
Office of the Wet'suwet'en	250-847-3630	
Options for Sexual Health	250-847-6400	1-800-739-7367
Positive Living North (HIV/ Hep C)	250-877-0042	1-866-877-0042
Pregnancy Outreach Program	250-847-9477	
Public Health Unit - Smithers	250-847-6400	
Salvation Army Food Bank	250-847-1501	
Smithers & Area Child Care Resource & Referral	250-847-8824	1-877-847-8824
Smithers Community Services Association	250-847-9515	
Supported Childhood Dev. Program (children with disabilities)	250-847-1785	
Witset First Nation	250-847-2133	
Witset Health Centre	250-847-9328	

Help Card brought to you by
Bulkley Valley Social Planning Society

For suggestions and edits:
bvsocialplanning@gmail.com

DO YOU NEED HELP?



Crisis and Information	Phone#	Alternate#
Al-Anon	250-847-5622	
Alcohol and Drug Information & Referral Service	1-800-663-1441	250-847-3884
Alcoholics Anonymous	250-643-0794	
Goodacre Place Supportive Housing (3896 Railway Ave)	250-847-4660	1-877-644-2266
Health Link BC	811	
Kids Help Phone	1-800-668-6868	
Mental Health Support Line	310-6789	
Northern BC Crisis Line	1-888-562-1214	
Passage Transition House (safe home for women and their children)	250-847-2595	
Seniors' Distress Line	604-872-1234	
Smithers Community Policing Office	250-847-6197	
Smithers Public Library	250-847-3043	
Smithers and District Transit	250-847-4993	
Suicide Prevention Services	1-833-456-4566	
Youth Help Line	310-1234	
Youth Support Line	1-888-564-8336	
VictimLinkBC (assault & abuse information)	1-800-563-0808	
Legal Services	Phone#	Alternate#
Crimestoppers	1-800-222-8477	250-847-9666
Legal Aid - LawLine	1-866-577-2525	
Legal Services Society - Parent Legal Centre	250-847-9088	
Smithers Courthouse Library (free access for legal research)	250-847-7380	1-800-665-2570
Office of the Ombudsperson	1-800-567-3247	
Victim Services - RCMP	250-847-9374	
Victim Services - Community	250-847-9000	
Youth Against Violence - Gang and Youth Contact Line	1-800-680-4264	