

RESOURCES FOR SMITHERS AND AREA

Emergency: Dial 911	Phone#	Alternate#
BV District Hospital	250-847-2611	
Healthlink BC (24/7 Health Info)	811	
Poison Control Centre	1-800-567-8911	

Counselling Information and Support	Phone#	Alternate#
BC Schizophrenia Society	250-847-9779	
BV Brain Injury Association	250-877-7723	
BV Hospice Society	250-877-7451	
Child/Youth Mental Health (MCFD)	250-847-7727	
Community Living BC (Supports for people with disabilities)	250-847-7780	
Dze L K'ant Friendship Centre	250-847-5211	
Early Childhood Development, Office of the Wet'suwet'en	250-847-1834	
Indian Residential Schools Survivors' Society	1-800-721-0066	
Kelty Mental Health Resource Centre	1-800-665-1822	
Kopar Admin (Formerly Work BC)	1-877-564-3545	
Lake Babine Nation	250-692-4700	1-888-695-3214
Mental Health & Addiction Services	250-847-6405	
Ministry for Children and Family Development	250-847-7727	
Ministry for Social Development & Poverty Reduction	1-866-866-0800	
Northern Society for Domestic Peace	250-847-9000	
Northwest Child Development Centre	250-847-4122	
Office of the Wet'suwet'en	250-847-3630	
Public Health Unit/Options for Sexual Health (Smithers)	250-847-6400	1-800-739-7367
Positive Living North (HIV/HCV)	250-877-0042	1-866-877-0042
Pregnancy Outreach Program	250-847-9477	
Salvation Army Food Bank	250-877-1071	250-847-1501
Smithers and Area Child Care Resource & Referral	250-847-8824	1-855-947-4122
Smithers Community Services Association	250-847-9515	
Supported Child Development Program (Children with Disabilities)	250-847-1785	
Witset First Nation	250-847-2133	
Witset Health Centre	250-847-9328 x403	778-210-0753

Help Card brought to you by
 Bulkley Valley Social Planning Society
 For suggestions and edits:
 bvsocialplanning@gmail.com

DO YOU NEED HELP?



Crisis and Information	Phone#	Alternate#
Al-Anon	250-847-5622	250-847-3884
Alcohol and Drug Information & Referral Service	1-800-663-1441	
Alcoholics Anonymous	250-643-0794	1-877-644-2266
Children's Help Line/Kid's Help Phone (24/7 Youth & Child Help)	310-1234	1-800-668-6868
Crisis Centre for Northern BC	1-888-562-1214	
Goodacre Place Supported Housing (3896 Railway Avenue)	250-847-4660	250-847-9515
Health & Seniors Information Line	1-800-465-4911	
Hope for Wellness (Indigenous Crisis Support, 24/7)	1-855-242-3310	
Indian Residential Schools Crisis Line (24 Hours)	1-866-925-4419	
Inquiry into MMIWG Support Phone Line	1-844-416-6649	
Kuu-Us Crisis Line Society (24/7 Crisis Services)	1-800-588-8717	
Mental Health Support Line	310-6789	
Passage Transition House (Safe Home for Women & their Children)	250-847-2595	
Seniors' Distress Line	604-872-1234	1-866-872-0113
Smithers & District Transit	250-847-4993	
Smithers Community Policing Office	250-847-6197	
Suicide Prevention Services	1-833-456-4566	1-800-784-2433
VictimLINK (Assault & Abuse Information)	1-800-563-0808	
Youth Support Line	1-888-564-8336	
Legal Services	Phone#	Alternate#
Crimestoppers	1-800-222-8477	
Legal Aid - Lawline	1-866-577-2525	
Parent Legal Centre	250-847-9088	
Smithers Courthouse Library (Free Access for Legal Research)	250-847-7380	1-800-665-2570
Victim Services - RCMP	250-847-9374	
Victim Services - Community	250-847-9000	
Youth Against Violence Line	1-800-680-4264	